

ASK ELLEN ABOUT LIPOSUCTION

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Q: "I'm thinking about non-surgical lipo, like CoolSculpt or Smart Lipo, for my belly, hips and thighs. I heard the recovery is less time and it's more affordable...Ellen, what do you think?"

ELLEN: The "Gold Standard" for liposuction remains the *Tumescent Technique* which is still the most successful and efficient for great results in body contouring. Let's face it, as much as we all would like to believe that "non-surgical" procedures are better...

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Bodybuilding Doc Doffs Inhibitions, Dons Bikini



Call it guts, derring-do, pluck or chutzpah, ASPS member Ellen Mahony, MD, Westport, Conn., has got it. What other adjectives could describe a full-time plastic surgeon who in June struggled to open the door of a car parked on an incline, yet in September registered for a bodybuilding competition - only two months prior to the event and at age fifty-seven?

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ELLEN'S APRIL PRODUCT PICK: CELLUFIRM CRÈME!

A unique formulation containing potent firming ingredients such as *Vegetable extracts, Ginkgo Biloba, Fennel, Sage and Chamomile* that works along with state-of-the-art European botanicals to lessen the appearance of cellulite.

Who doesn't need a skin smoothing cream that improves the appearance of unsightly dimpled skin while at the same time giving the skin a light moisturizing feel?



TIP: Deeply massage **Cellufirm Crème** into trouble areas daily to contour, reduce edema and stimulate circulation. For an even more amazing result apply **Cellufirm Crème** after exfoliating with our Skin Foaming Polish. Smooth supple skin is just a phone call away!

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