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## **Westport Plastic Surgeon Awarded “Premier” Status**

### ***Dr. Ellen Mahony named a premier breast implant specialist***

Westport, CT., September 14, 2018 – In recognition of her extensive expertise with breast augmentation surgery and breast implants, a local physician is being awarded Premier Surgeon Status.

Dr. Ellen Mahony, a board-certified plastic surgeon practicing in Westport, has been awarded the special designation for her work by Ideal Implants, a manufacturer based in Dallas.

“I’m glad to be recognized,” said Mahony. “There’s a limited number of plastic surgeons with extensive knowledge of all the currently available breast implant products. I believe that education for patients, with regard to differentiating their surgical options, is critical.”

Patients should be well-versed about the risks and complications associated with each type of implant and its corresponding procedure, Mahony said.

Mahony is one of very few female board-certified plastic surgeons in Connecticut. Her practice, headquartered at 131 Kings Highway North in Westport, utilizes cutting-edge technologies such as platelet-rich plasma infusions to improve tissue quality in the face and other areas of the body. In addition to surgical approaches to body shaping and facial surgery, Mahony also offers some of the most innovative and successful non-surgical procedures and techniques.

“In my areas of expertise, I research the latest and safest products on the market, including the new generation of implants,” she said. “Some are certainly safer than others.”

Old style silicone gel implants, for instance, are filled with a jelly-like interior substance not dissimilar to a Jello mold. If punctured, it would likely keep its shape. However, when the gel comes into contact with surrounding breast tissue it could incite an inflammatory process and cause potentially serious complications involving internal scar tissue requiring more complex, and therefore risky, surgery... with possible deformity of the breast as a result.

Traditional saline implants, on the other hand, are touted as much safer than gel. True, if punctured, the leaking saline (salt water) would be perfectly safe with no side effects. But the implant would noticeably deflate.

“The new FDA-approved structured saline implant, offering the best of earlier options, is gaining popularity as it has a double wall design and internal structure, making the implant look and feel similar to gel versions. It also boasts the lowest leak rate of any on the market. In addition, the rare occurrence of a leak in this implant results in only a partial deflation obviating the sense of urgency that women may feel in seeking replacement surgery with leaking gel implants or older traditional saline implants,” Mahony said.

“Every patient should be able to make an informed decision about something as important as his or her medical care,” she added.

*Dr. Ellen Mahony has a boutique cosmetic surgery practice in Westport. She is one of the few female plastic surgeons in Connecticut certified by the American Board of Plastic Surgery. She is certified to practice in Connecticut, New York and Maine, and is also a licensed physical therapist in Connecticut. Visit <https://www.drellenmahony.com/>*

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